

# Your RYBREVANT FASPRO™ Treatment Journal

This journal is designed to help support you during treatment and at your doctor appointments. Consider printing it out and bringing it with you to your appointments.



Please read full Prescribing Information  
for **RYBREVANT FASPRO™**.

 **RYBREVANT Faspro™**  
(amivantamab and hyaluronidase-lpuj)  
Subcutaneous injection | 1,600 mg/20,000 units | 2,240 mg/28,000 units

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This journal is designed to help support you during treatment and at your doctor appointments. Inside, you'll find resources to help you stay organized and talk to your care team.

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**This journal belongs to:**

**Name:**

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**Phone Number:**

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**Email Address:**

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**Home Address:**

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This journal contains important information about my cancer treatment. If found, please contact me.

# Care team contact information

Write down the names and contact numbers for the members of your care team so that you have them available when you need them.

**Oncologist:**

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 \_\_\_\_\_  
 \_\_\_\_\_

**Primary Physician:**

 \_\_\_\_\_  
 \_\_\_\_\_  
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**Dermatologist:**

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**Nurse:**

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**Pulmonologist:**

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**Other:**

 \_\_\_\_\_  
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# Treatment calendar

Use this calendar to keep track of appointments, injections, and any other important events.

**MONTH:**

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# Symptom tracker

**It's important to tell your care team about any symptoms you experience. Use this tracker to record them throughout treatment.**

You already have a lot to deal with, and living with lung cancer has its own challenges as well. Any treatment can come with certain symptoms.

Some symptoms may be prevented or reduced by treating them before they happen. Your care team can help you to feel your best during treatment.

Bring this tracker with you to your doctor appointments and use it to guide your discussions with your care team.

## Symptom Rating Scale

Use these numbers to help rate how serious each symptom is, based on how it affects your daily life.



- 1** – Just noticeable
- 2** – Annoying, but can still do daily activities
- 3** – Uncomfortable, can't do some daily activities
- 4** – Very uncomfortable, hard to do any activities



- 5** – Unbearable, not able to do daily activities



Here's a helpful way to bring up symptoms to your care team: "Since [insert date], I've had [insert symptom], and it's been a [insert number 1-5] on a scale of 1 to 5."

# Symptom tracker

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Date	Symptom Description	How Serious (rate 1-5)	Care Team Suggestions

# Symptom tracker

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Date	Symptom Description	How Serious (rate 1-5)	Care Team Suggestions

# Symptom tracker

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# Symptom tracker

---

Date	Symptom Description	How Serious (rate 1-5)	Care Team Suggestions

# Treatment checklist

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Here are some tips to help you prepare for your injection appointments.



**Drink plenty of water** the day before and have a good breakfast on the day of your injection.

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**Injections last about 5 minutes, but you may be in the office for longer**, so make sure you've set aside enough time for your appointment. Ask your care team about how long your appointment will be.

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Ask the office if it's okay to **bring a drink and snack** with you in case you get hungry before or after your injection.

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**Consider setting up transportation** to and from the treatment center. You may receive medicines before your injection that can make you drowsy. If you need help setting up a ride, reach out to your family and friends.



**If you have any other questions about your treatment, ask your care team.**

# Treatment checklist

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Here are some tips to help you prepare for your injection appointments.



**Wear loose clothes** for comfort and so your care team can easily reach the injection area of your body.

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**Bring a book, game, puzzle, music, or other entertainment** to help pass the time.

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**Pay close attention to how you feel** during an injection, and make sure to tell your care team if you experience any discomfort. They know how to help.

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**Your care team will give you allergy medicine, a fever reducer, and a steroid** to help reduce the risks of serious side effects from the injection.

# Doctor discussion guide

The booklet that came with this journal contains additional information about your treatment. If you have any other questions, ask your doctor or other members of your care team.

**Here are some helpful questions to get the conversation started with your doctor.**

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Is there a way I can give a friend or family member the ability to talk to my doctors on my behalf?

A

Where will my treatment injections take place?

A

How long will my treatment appointments be?

A

# Doctor discussion guide

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What side effects of treatment should I expect?

A

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Do you have any suggestions to help prevent or reduce the seriousness of side effects?

A

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What resources and support programs are available to me as I start RYBREVANT FASPRO™?

A

Remember, the members of your care team are the experts on treatment, but you are the expert on yourself, what you are expecting from treatment, and how you are feeling. Tell them about any thoughts you have and ask them any questions you have. They are there to help!

# Notes

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Use these pages to write down anything that will help you stay organized or feel better. Consider writing down questions you have for your care team, journaling about how you're feeling, or making "to do" lists. You can also use this space to take notes during your doctor's appointments.

## Topics to discuss:

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## Summary of injection:

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## Date/Time:

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## Treatment notes:

## Reminders:

**Date/Time:**



If you're looking for information about your treatment that's not included in this journal, review the booklet that you received with this journal. If you still have questions, ask your care team.



## Notes

## Notes

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## Savings & Support

Now that you and your doctor have decided that a RYBREVANT FASPRO™-based treatment is right for you, review all of the **RYBREVANT withMe** patient support options available to you.

### **RYBREVANT withMe**

## Personalized 1-on-1 Support

You have access to free, dedicated support. Your Care Navigator is here to help guide you to support solutions throughout your treatment journey, so you feel informed and empowered.

**Starting a new treatment can be overwhelming, and you may still have questions. We are here to help.**



Free, 1-on-1 dedicated Care Navigator Support



Cost support options regardless of your insurance type



Additional resources and community connections

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Sign up for personalized support throughout your treatment journey now by scanning the QR code, or calling **833-JNJ-wMe1** (833-565-9631), Monday through Friday, 8:00 AM–8:00 PM ET.

To learn more, [visit \*\*RYBREVANTwithMe.com\*\*](http://RYBREVANTwithMe.com)



Data rates may apply.

The support and resources provided by RYBREVANT withMe are not intended to provide medical advice, replace a treatment plan you receive from your doctor or nurse, or serve as a reason for you to start or stay on treatment.

**Please read full Prescribing Information for RYBREVANT FASPRO™.**

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